

Mangotsfield Newsletter



www.mangotsfieldschool.
org.uk

Special points of interest:

A very musical
edition of the
newsletter.

Buy concert
tickets and see
why Mangotsfield
School is proud of
its musicians and
Music
Department.

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Issue 17

Newsletter Date: 12th June 2009

Mangotsfield Rocks!

Summer Concert: Wednesday 24th June at 7.30 pm in the School Hall
Tickets available from the Music Department: £3.00 Adults, £1.50 Students

The School Band, the School Choir, soloists, the Year 10 rock band and the Year 11 rock band will make this an evening of great entertainment for everyone. Tickets are on sale now from the Music Department and are selling fast!



Messy Club

This term, twelve Year 9 students have been attending an after-school Science and Engineering club.

We have been getting involved in lots of fun activities. Most recently, we worked with the film company *Suited and Booted* making video films of fun science experiments. These films have been edited and put onto a professional website for all to see. Look these up at:
www.notjustscience.co.uk.

See flashes, bubbles, bangs, screams, glows, pops and fire. Watch our famous mad scientists almost blow up the school! We have also made a potato cannon, a tennis ball mortar, a vacuum cleaner bazooka and a gas cartridge rocket mortar.

In addition, we have produced a range of electronic devices. These have included a radio, a spy bug and a lie detector. Soon the Messy Club will be open to Year 8 students so watch this space.



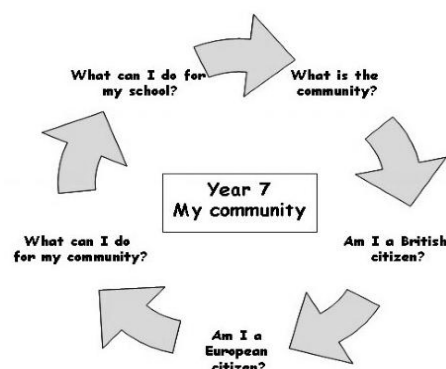
A PDC Lesson — Effective Participation

Effective participation involves young people actively engaging with issues that affect them and those around them. They play a full part in the life of their school and wider community by taking responsible action to bring improvements for others as well as themselves.

'Participation' is a word with several meanings. It can mean contributing to a group task such as preparing and making a presentation, or staying on in education or training rather than getting a job. However, effective participation as a personal, learning and thinking skill has a more precise meaning. It is closely linked to active citizenship.

It means:

- **D**iscussing issues of concern, seeking resolution where needed.
- **P**resenting a persuasive case for action.
- **P**roposing practical ways forward, breaking these down into manageable steps.
- **I**dentifying improvements that would benefit others as well as yourself.
- Trying to influence others, **n**egotiating and balancing diverse views to reach workable solutions
- **A**cting as an advocate for views and beliefs that may differ from your own



Over the first five lessons of this term all students from Years 7 to 10 are participating in lessons entitled 'My Community'. From debating human rights to discussing the importance of voting, students will examine their role within the local, national and global community.

MIGHTY MANGOS WIN BRISTOL AND SOUTH

The Year 10 Football team defeated Bedminster Down in the Final played at Frys, to become County Champions for 2008/09.

The game kept the watching crowd of parents, PE staff and Mr Gregg on the edge of their seats as the balance of the game transferred from one side to the other. Bedminster went into a one goal lead after fifteen minutes, but Mangotsfield came back strongly and went into the break leading 2 – 1 with goals from Sam Edwards and Joel Mitchelmore. A string of fine saves from keeper Scott Lovell, backed by resolute defending from Mitch Williams and Shaun Bertham, helped thwart the raiding opposition forwards.

Mangotsfield, driven on by the midfield powerhouse of skipper Nathan Rose and Jack Withey, were unlucky not to build upon their lead through George Boulton and Luke Bessell but the Bedminster defence held firm. A further chance fell to Harvey Ambrose after he was put through by substitute Sam Hill, but his effort was scrambled off the line. Disaster was to strike as we conceded an equaliser against the run of play, but we took the lead again through Luke Smart with an effort from barely in the opposition half. We could now sense victory, but were brought back down to earth with a late leveller from Bedminster.

Extra time beckoned and both sides had chances to snatch a potential winner. However, with time running out and a penalty shootout seemingly likely, a last ball forward from Sam Edwards somehow deceived the goalkeeper and, as the ball hit the back of the net, the referee blew for full time!

Although missing for the final, the following all played their part during the season: Tyler Courtice, Craig Britton, Junaid Nazir, Ben Morris, Josh Stephenson, Callum Mitchell, Josh Jones and our unused substitute for the final Kieran Elliott.

Mr Graham Thresher.

8 Ways to get children to eat a varied diet

Part of our Healthy Schools Campaign

1. Enjoy a variety of foods. Serve up a variety of healthy foods each day. These include fruit and vegetables, beans, wholegrain cereals, low fat dairy products, lean meat, fish and skinless chicken. Children below the age of 2 should not be given low fat milk or low fat milk products.

2. Shop healthy. If you haven't got a healthy variety in your kitchen cupboard or fridge, you can't put it on the table. Try to avoid having 'sometimes' food such as chocolate in the cupboard as children will then see them as 'everyday' foods.

3. Go for quality, not quantity. Children's servings may be small. It all depends on their age and appetite.

Variety is the important ingredient.

4. Stick to three meals and two snacks daily. Growing children need to be fed regularly and often but not all the time. Don't serve snacks just before dinner as they might not be hungry at dinner time.

5. Begin each day with a healthy breakfast. It improves concentration, helps children to learn and enables them to be active in sport and playtime.

6. Give your children choice. Offer kids a few healthy choices. For instance, ask if they want an apricot or a plum, beans or broccoli, an egg or tuna sandwich.

7. Lunchboxes that go crunch. If your child has a lunchbox, include a fruit and

vegetable or salad. Try corn on the cob, carrots, green beans, cherry tomatoes, celery, grapes or berries.

8. Give your children fruit as a snack or with a meal. Fruit can be eaten fresh, tinned (in fruit juice), frozen, dried or as pure juice (unsweetened).



Junior Maths Challenge

On Thursday 30th April, 60 students took part in the Junior Maths Challenge. Well done to all those that took part. Twenty Year 6 students from Pucklechurch, Emersons Green and The Tynings, as well as forty Year 7 and 8 students from Mangotsfield had to think creatively when trying to solve some difficult problems.



Here is one of the questions from the challenge:

In Matt's pocket there are 8 watermelon jellybeans, 4 vanilla jellybeans and 4 butter popcorn jellybeans. What is the smallest number of jellybeans he must take out of his pocket to be certain that he takes at least one of each flavour?

A) 3 B) 4 C) 8 D) 9 E) 13

The solution to this problem will be in the next newsletter as well as another problem to attempt !

Congratulations to the Year 11 college students who passed their Maths exam at Soundwell College recently. "Every single one of our college students passed their maths exam and if they continue like this then their future is looking bright," said Mr Williams.



**MANGOTSFIELD
SCHOOL
AN ENGINEERING AND
SCIENCE COLLEGE**

Please give any feedback or
articles for later editions to Ms
Terri Chard

Phone: 01454 862700
Fax: 01454 862700
E-mail: t.chard@
mangotsfieldschool.org.uk

We're on the Web

www.mangotsfieldschool.org.uk

*Remember to
buy your summer
concert tickets*

School Survey

In June/July parents will be receiving a survey. The questionnaire will be used by the school to obtain a parental point of view and this will be used to help us develop further as a school. Please help us to make Mangotsfield School even better.

CITY OF BATH COLLEGE

Access to Higher Education

**Would you like to go to University
but don't have the qualifications to get there?**

- ✿ Would you like to train to teach?
- ✿ Be a health professional?
- ✿ Study Law, Psychology, Creative Writing....the list is endless!
- ✿ Do you need a course to fit in with school hours?

If so, do an Access course at the City of Bath College!

This course is designed for mature students with few or no formal qualifications and can be studied over one or two years during school hours.

For more information and a friendly chat,
please contact course leader
Carolyn Guy on 01225 328584 or guyc@citybathcoll.ac.uk
or contact the Student Advice Centre on 01225 312 191.

"The Access course has been a life-changing experience. I can't believe I'm going on to University. It has exceeded all expectations."

City of Bath College
Avon Street
Bath
BA1 1UP

01225 312 191

realise your potential

Music Exams

Congratulations to the following students who have passed their music exams:

Rosie Say 8.6 Grade III Flute Pass with Distinction

Sydney Kemp 8.4 Grade III Flute Pass with Merit

Alex Weaver 11.2 Grade IV Piano Pass

Windband Day at Kingsfield by Rosie Say

On Thursday 19th of March, Kingsfield School held a Windband Day in which students from Mangotsfield School were invited to take part. We spent an interesting day there and finished with a performance during the afternoon. Students from many other schools also took part, playing a wide range of different instruments. All the Mangotsfield School students played the flute and they were:

Rosie Say
Jess Hocking
Chloe Beard
Abbi Wheeler
Wendi Li

"On half of everyone who took part I think I can say that we thoroughly enjoyed it and benefited from the experience," said Ms Borowski.

Swine Flu Update

Coming up to holiday time, the government has produced some further guidelines on Swine Flu. It is particularly relevant if you are going to a beach resort in Mexico or the theme parks in the USA for a holiday in the summer.

Everyone is grateful that the Swine flu virus does not seem to be as virulent or harmful as first anticipated. If, however, students have been to one of these countries and do have flu like symptoms, the advice is to keep them at home, seek medical advice and not allow them to go back to school until symptoms are completely gone. There is no need to keep healthy students at home even if they have been to an affected country.